



600 W. Loveland Ave. Suite 2A  
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### INFORMED CONSENT FOR TELEHEALTH COUNSELING SERVICES

For video-conferencing services, we agree to the following:

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telehealth counseling services, and nobody will record the session without the permission from the others person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and the therapist will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the therapist in advance by phone or email.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need to have at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telehealth counseling sessions.
- As your therapist, I may determine that due to certain circumstances, telehealth counseling is no longer appropriate and that we should resume our sessions in-person.

Client Name: \_\_\_\_\_

Client/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_